

Who we are

ComplianceOne offers a variety of affordable and customized drug and alcohol testing options. Our drug and alcohol testing services are fully compliant with Federal Department of Transportation (DOT) requirements as well as state and federal regulations and include DOT Compliant, Non-DOT, and Student Testing programs.

In addition to our Third-Party Administration and Consortium maintenance services we also offer affordable online and onsite training programs and affective Employee Assistance Programs.

We are committed to helping our client's staff understand all their EAP options and services.

Contact Us

If you have any questions, or concerns please call us anytime:

2121 SW Chelsea Drive
Topeka, Kansas 66614

1-800-886-1123

Email: customerservice@comp-one.com

Web: www.comp-one.com



COMPLIANCEONE
SERVICE, VALUE, EXPERTISE

ComplianceOne
2121 SW Chelsea Drive
Topeka, Kansas 66614



Four County MHC (G45123)

Employee Assistance Program

- 24/7/365 Hotline
- Phones Answered by Mental Health Professionals
- Wellness Program
- Confidentiality
- Promotional Materials

Please Call Anytime Day or Night: 1-800-999-1196

EMPLOYEE ASSISTANCE PROGRAM

Four County MHC (G45123) is contracted with ComplianceOne, Inc. to provide your Employee Assistance Program. Your Employee Assistance Program provides services for you and your immediate family members (same household or eligible dependent) on many issues including:

- Personal Issues
- Depression
- Stress
- Marital Issues
- Harassment
- Work Related Issues
- Alcohol & Drug Abuse
- Separation & Loss
- Balancing Work and Family
- Problem Gambling



Your EAP is simply a phone call away. All you need to do is pick up the phone and dial toll-free **1-800-999-1196**. For your convenience, our EAP phone lines are answered 24 hours a day, 7 days a week, 365 days a year, by our professional support specialists. You and your family members may access this phone line as often as needed with no annual restrictions.

Your EAP provides **1 face-to-face visit** per year for you and each of your family members on an annual basis. When face-to-face visits are needed, we will connect you with a provider or licensed professional for you or your family member who will provide you with the assistance you need in addressing and resolving your concerns. The counselors available to you are well-trained professionals, many with specialties in a wide variety of areas to meet any need you may have. appointments for any follow-up visits will be scheduled directly between you and the counselor with which you are working.

When you or your family member call for EAP service, please let our support specialists know: 1) that you are calling for **Four County MHC (G45123)**; and 2) what problem or issue you are seeking assistance with, so that our specialists can best address your needs.

All your EAP services — phone calls and visit requests are strictly confidential. Any information shared on your phone calls and your face-to-face visits stays between you and the professionals you speak with. We ensure complete confidentiality for you and your family members at every step throughout the EAP process.

Remember, this employee benefit is provided for you by your employer at no cost. Your EAP enables you and your family members to discuss your problems with qualified professionals, allowing you to find the assistance that you need when you need it most. All you need to do is pick up the phone and give us a call!

Wellness Program:

As a part of your Employee Assistance Program, you also have access to our online Wellness Program. This program is free of charge to you as an employee. Please register and get started with these valuable services:

- Health Risk Assessments
- Self-Care
- Health Navigator
- Wellness Tools
- Smoking Cessation
- Health Care Information
- Weight Loss – Personalized Action Plans
- Back and Knee Pain Action Plans
- Alternative Medicine Guide
- Recommended Checkups Guide
- Stress Management

